

Emergency Action Plan

Allgood-Bailey Stadium/Football Field House

903 W. 10th Street

Athletic Training Staff

Lance Ringhausen – Head Athletic Trainer
(c) 618.410.6620

Nick Driscoll – Athletic Trainer
(c) 630.607.8589

Jenalee Edwards – Athletic Trainer
(c) 417.299.0216

Samantha Kaestner – Athletic Trainer
(c) 636.399.6075

Jordan Weldon – Athletic Trainer
(c) 806.393.5455

Gale Bullman Athletic Training Room
(o)

Kaczmarek Sports Medicine Center
(o) 573.341.6240

Administration

Melissa Ringhausen – Director of Athletics
(c) 618.410.6619

Debbie Hickey – Assistant Director of
Athletics Business and Senior Woman's
Administrator
(c) 573.263.1767

Josh Lind – Assistant Director of Athletics
NCAA Compliance and Recreation
(c) 573.263.1122

Susan Cochran – Assistant Athletic Director
Alumni & Community Relations
(c) 314.402.1305

Doug Roberts – Police Chief
(c) 573.202.3689

Coaching Staff

Men's Soccer

- Rob Cummings – Head Coach
(o) 573.341.4102

Women's Soccer

- Jane Grimley – Head Coach
(o) 573.341.7032

Football

- Andy Ball – Head Coach
(o) 573.341.6226
- Desmond Noird – Assistant Coach
- Owen Jordan – Assistant Coach
- Corey Sudhoff – Assistant Coach
(o) 573.341.4191

- Max Oeser – Assistant Coach
- Jake Jiannoni – Assistant Coach
- Marcus Suber – Assistant Coach

Track/Cross Country

- Shaun Meinecke – Head Track &
Field Coach
(o) 573.341.4104
- Mary Duerbeck – Head Cross
Country Coach
(o) 573.341.4971

Emergency: 911

Missouri S&T Police Department (o) 573.341.4300

Hierarchy of Emergency Action Plan

- Immediate Care of the Athlete – provided by the most qualified individual on the scene (ie. Athletic Trainer)
- Emergency Equipment Retrieval – Anyone on the emergency team who is familiar with the type and location of the specific equipment needed (i.e., Coach, Administrator, Student Worker)
- Activation of the Emergency Medical System (EMS) – Anyone on the team who is calm under pressure and communicates well can call 911(i.e., Coach, Administrator, Student Worker). During athletic events the onsite Missouri S&T Police Officer should be identified and notified to assist in the emergency care and/or activation of EMS. The onsite Officer can provide much needed assistance in addition to emergency care, the officer can assist in securing the entrance and providing onsite direction of EMS to the location of need.
- Direction of EMS to the scene – Provided by someone with access to keys in order to unlock any gates or doors necessary for the arrival of medical personnel (i.e., Coach or Administrator)

AED Location

- Athletic training staff during practice and games
- Southeast corner of the stadium in the athletic training room when not on the field

Management of Sudden Cardiac Arrest

- Access to early defibrillation is essential, and a target goal of less than 3 to 5 minutes from the time of collapse to the first shock is strongly recommended
- Sudden cardiac arrest should be suspected in any collapsed and unresponsive athlete
- An AED should be applied as soon as possible on any collapsed and unresponsive athlete for rhythm analysis and defibrillation if indicated
- Cardiopulmonary resuscitation should be provided while waiting for an AED
- Interruptions in chest compressions should be minimized and CPR stopped only for rhythm analysis and shock
- Cardiopulmonary resuscitation should be resumed immediately after the first shock, beginning with chest compressions, with repeat rhythm analysis after every 2 minutes or 5 cycles of CPR, and continued until advance life support providers take over or the victim starts to move
- Young athletes who collapse shortly after being struck in the chest by a firm projectile or by player contact should be suspected of having sudden cardiac arrest

Emergency Personnel

- All individual members of Missouri S&T athletic department should be aware of their roles during an emergency and prepared to carry out when deemed necessary.
- Emergencies include but are not limited to loss of consciousness, no pulse, no breathing, profuse bleeding, open fractures, etc.
- Athletic trainer determines if EMS (Emergency Medical Services) is necessary.
- If Athletic trainer is not on site, emergency decision must be made by person in charge on site.
- Dictate roles to other staff members or student-athletes in the event of emergency which will include contacting 911, meeting ambulance at designated area (see EMS directions below), keeping the scene clear, and others

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- When activating EMS, the caller should alert EMS to the number and condition of the persons injured, if a sudden cardiac arrest is suspected, and the treatment being rendered
- Those with the highest level of training should provide emergency care including but not limited to first aid, CPR and AED
- Continue to provide care until EMS arrives
- If athletic trainer is not present, contact the athletic trainer. Keep going down list until you reach an Athletic Trainer

EMS Directions

- 903 West 10th Street, Rolla MO 65401
- Stadium Entrance: access from 10th St. through north gate (personnel will meet you, must have key to access), turn into stadium through gate just outside track (personnel will direct you). This will serve as a secondary point of access for the Football Fieldhouse.
- Football Fieldhouse Entrance: access from 10th St. through Gale parking lot and proceed to the southwest corner of parking lot (personnel will direct you). Take the parking lot access up to the gate at the southeast side of the stadium located next to the scoreboard (personnel will direct you). This will give you access to football training room and football locker room.



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Catastrophic Injury

- In the event an injury leads to death, you must immediately contact Athletic Director (AD) and then Athletic trainer (AT) if one is not on site.
- Athletic trainer will call the AD if he/she is present.
- The AD will direct staff on how to handle the situation.
- No verbal communication is allowed past the AD and AT.

Equipment:

- Games (* Home Sideline, **Both Sidelines)
 1. AED*
 2. Bag-Valve Mask*
 3. Oral Airway*
 4. First Aid Kit*
 5. Splints*
 6. Crutches*
 7. Oxygen Tank*
 8. Towels*
 9. Cell Phone/radio**
 10. Water coolers w/cups**
 11. Injury Ice w/bags**
- Practice
 1. AED
 2. Bag-Valve Mask
 3. Oral Airway
 4. First Aid Kit
 5. Splint bag
 6. Crutches
 7. Oxygen Tank
 8. Cell phone/radio
 9. Water coolers w/bottles

***In the event an ATC is not present the home coach will have a direct line of communication with the ATC via cell phone or walkie-talkie.

Lightning/Inclement Weather Policy:

The Certified Athletic Trainer on duty is designated to monitor threatening weather and to make the decision to remove a team, staff, and spectators from an athletics site or event. The AT is to stay updated to all watches & warnings issued by the National Weather Service.

Primary- Lightning Detector (WeatherSentry app)

- Detector is to be set to alarm if there is a lightning strike within 8 miles.
- If the detector goes off at this distance activity is suspended
- Activity can resume 30 minutes after the LAST lightning strike

Secondary- Flash to Bang Method

- Play should be suspended, and shelter taken if the AT observes 30 seconds between seeing the lightning flash and hearing its associated thunder.
- Activity can resume 30 minutes after the LAST lightning strike

Shelter

- Enclosed building with grounded electricity and plumbing
 - Football locker room (lightning)
 - Ground floor of Gale Bullman Building (lightning, tornado)
 - Vehicle (lightning)

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- An announcement on the PA should be provided immediately of an impending storm. A statement such as “Severe weather has been reported, the game is being postponed and all spectators should exit the facility and seek shelter”.
- S&T Coaches: You are responsible for getting your team to ***move quickly*** to shelter. Stay and monitor your team.
- Athletic Trainer: You are responsible for getting the opponent quickly to shelter. Stay with the opponent, monitor weather, and provide “all clear”.
- Game Administrator: You are responsible for getting the officials to safety, then return and help in other areas needed if weather permits.
- SID: Please continue to announce to spectators the urgency of exiting the facility and seeking shelter. If able and near spectators, encourage them to find shelter and then find shelter for yourself.
- External Communications Director: Responsible for public announcements and directing those in the press box to safety
- Additional Administrators: Will assist the University Police with directing spectators to the venue’s exits and assisting individuals as needed.
- The band director and spirit team coach: Responsible for getting the members of the band, cheer and dance to safety

